

For the use only of a Registered Medical Practitioner or a Hospital or a Laboratory

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## INSULIN GLARGINE INJECTION I.P. LANTUS®

### Active Ingredient

Insulin glargine I.P.

Recombinant human insulin analogue (21A-Gly-30Ba-L-Arg-30Bb-L-Arg-human insulin)

Insulin glargine is an insulin analogue produced by recombinant DNA technology using Escherichia coli (K12 strain) as the production organism.

### Therapeutic or Pharmacological Class

Antidiabetic agent, Long acting insulin analogue

ATC Code: A 10 A E04 (insulin and analogues, long acting)

### Indication:

For the treatment of diabetes mellitus in adults, adolescents and children aged 2 years and above.

### Pharmaceutical Form(s)

Solution for injection

### Composition

1 ml contains 3.6378 mg insulin glargine I.P., corresponding to 100 IU human insulin.

10 ml Vial Excipients (per ml):

30 µg zinc, 2.7 mg m-cresol, 20 mg glycerol 85%, 20 µg polysorbate 20; hydrochloric acid and sodium hydroxide for pH adjustment, and water for injection.

Cartridge Excipients (per ml):

30 µg zinc, 2.7 mg m-cresol, 20 mg glycerol 85%; hydrochloric acid and sodium hydroxide for pH adjustment, and water for injection.

The pH of the solution is 4.0.

### Dosage And Administration

#### General

Insulin glargine is a novel recombinant human insulin analogue, equipotent to human insulin. It exhibits a peakless glucose-lowering profile with a prolonged duration of action.

Lantus® is given subcutaneously once a day. It may be administered at any time during the day, however, at the same time every day.

The desired blood glucose levels as well as the doses and timing of antidiabetic medications must be determined and adjusted individually.

Dose adjustment may be required, for example, if the patient's weight, life-style changes, change in timing of insulin dose or other circumstances arise that increase susceptibility to hypo- or hyperglycaemia (see section Precautions). Any change of insulin dose should be made cautiously and only under medical supervision.

Lantus® is not the insulin of choice for the treatment of diabetic ketoacidosis. An intravenous, short-acting insulin is the preferred treatment.

In basal bolus injection regimens, usually 40 to 60% of the daily dose is administered as insulin glargine to cover basal insulin requirements.

In a clinical study with patients with type 2 diabetes on oral antidiabetic agents, combination therapy was started with a dose of 10 IU insulin glargine once daily and the treatment regimen subsequently adjusted individually.

Blood glucose monitoring is recommended for all patients with diabetes.

- **Change-over to Lantus®**

When changing from a treatment regimen with an intermediate or another long-acting insulin to a regimen with Lantus®, the amount and timing of short-acting insulin or fast acting insulin analogue or of the dose of any oral antidiabetic drug may need to be adjusted.

In clinical studies when patients were transferred from once daily NPH or ultralente insulin to once daily Lantus®, the initial dose was usually not changed (i.e. amount of International Units, IU, of Lantus® per day equal to IU of NPH insulin).

In studies when patients were transferred from twice daily NPH insulin to once daily Lantus® at bedtime, to reduce the risk of hypoglycaemia, the initial dose (IU), was usually reduced by approximately 20% (compared to total daily IU of NPH insulin) and then adjusted based on patient response .

A program of close metabolic monitoring under medical supervision is recommended during transfer and in the initial weeks thereafter. As with all insulin analogues, this is particularly true for patients which, due to antibodies to human insulin, need high insulin doses and may experience a markedly improved insulin response with insulin glargine.

With improved metabolic control and resultant increase in insulin sensitivity (reduced insulin requirements) further adjustment of the doses of Lantus® and other insulins or oral antidiabetic drugs in the regimen may become necessary.

- **Mixing, diluting**

Lantus® must not be mixed with any other insulin. Mixing can change the time/action profile of Lantus® and cause precipitation.

Lantus® must not be diluted. Diluting can change the time/action profile of Lantus®.

### **Special Populations**

- **Children**

Lantus® can be administered to children  $\geq 2$  years of age. Administration to children  $< 2$  year has not been studied.

- **Elderly**

In elderly patients with diabetes, it is recommended that the initial dosing, dose increments, and maintenance dosage be conservative to avoid hypoglycaemic reactions. Hypoglycaemia may be difficult to recognise in the elderly (See section Precautions).

### **Administration**

Lantus® is administered by subcutaneous tissue injection.

Lantus® is not intended for intravenous administration.

The prolonged duration of activity of insulin glargine is dependent on injection into the subcutaneous space. Intravenous administration of the usual subcutaneous dose could result in severe hypoglycaemia.

As with all insulins, injection sites within an injection area (abdomen, thigh or deltoid) must be rotated from one injection to the next.

Absorption of insulin glargine is not different between abdominal, thigh or deltoid subcutaneous injection area. As for all insulins, the rate of absorption and consequently the onset and duration of action may be affected by exercise and other variables.

Lantus® is a clear solution, not a suspension. As such it does not require resuspension before use.

#### **Cartridge or Cartridge system version only:**

If the pen malfunctions, Lantus® may be drawn from the cartridge or cartridge system into a syringe (suitable for an insulin with 100 IU/ml) and injected.

The syringes must not contain any other medicinal product or residue.

#### **Contraindications**

Lantus® must not be used in patients hypersensitive to insulin glargine or any of the excipients.

#### **Precautions**

##### **• General**

Insulin therapy generally requires appropriate diabetes self-management skills, including glucose monitoring, proper injection technique, and hypo- and hyperglycaemia management. Patients should be instructed on such self-management procedures. Additionally, patients must be instructed on handling of special situations such as an inadequate or skipped insulin dose, inadvertent administration of an increased insulin dose, inadequate food intake or skipped meals. The extent of patient participation in his/her diabetes management is variable and is generally determined by the physician.

Insulin treatment requires constant alertness to the possibility of hyper- and hypoglycaemia. Patients and their relatives must know what steps to take if hyperglycaemia or hypoglycaemia occurs or is suspected, and they must know when to inform a physician.

In case of insufficient glucose control or a tendency to hyper- or hypoglycaemic episodes, patient's compliance with the prescribed insulin regimen, injection sites and proper injection techniques, the handling of injection devices and all other relevant factors must to be reviewed before dose adjustment is considered.

##### **• Hypoglycaemia**

The time of occurrence of hypoglycaemia depends on the action profile of the insulins used and may, therefore, change when the treatment regimen is changed.

As with all insulins, particular caution should be exercised, and intensified blood glucose monitoring is advisable, in patients in whom sequelae of hypoglycaemic episodes might be of particular clinical relevance. For example these could be patients with significant stenoses of the coronary arteries or of the blood vessels supplying the brain (risk of cardiac or cerebral complications of hypoglycaemia) as well as patients with proliferative retinopathy, particularly if not treated with photocoagulation (risk of transient amaurosis following hypoglycaemia).

In a clinical study, symptoms of hypoglycaemia or counter-regulatory hormone responses were similar after intravenous insulin glargine and human insulin both in healthy volunteers and patients with type 1 diabetes.

However, under certain conditions, as with all insulins, the warning symptoms of hypoglycaemia may be changed, be less pronounced or absent, for example:

- if glycaemic control is markedly improved
- if hypoglycaemia is developing gradually
- in elderly patients
- where an autonomic neuropathy is present
- in patients with a long history of diabetes
- in patients suffering from a psychiatric illness
- in patients receiving concurrent treatment with certain other drugs (see under 'Interactions')

Such situations may result in severe hypoglycaemia (and possibly, loss of consciousness) prior to patient's awareness of hypoglycaemia.

The prolonged effect of subcutaneous insulin glargine may delay recovery from hypoglycaemia.

If normal or decreased values for glycated haemoglobin are noted, the possibility of recurrent, unrecognised (especially nocturnal) episodes of hypoglycaemia must be considered.

Compliance of the patient with the dosage and dietary regimen, correct insulin administration and awareness of hypoglycaemia symptoms are essential to reduce the risk of hypoglycaemia.

Presence of factors which increase the susceptibility to hypoglycaemia requires particularly close monitoring and may necessitate dose adjustment include:

- change in the injection area,
- increase of insulin sensitivity (e.g. by removal of stress factors),
- unaccustomed, increased or prolonged physical exercise,
- intercurrent illness (e.g. vomiting, diarrhoea),
- inadequate food intake,
- alcohol consumption,
- certain uncompensated endocrine disorders,
- concomitant treatment with certain medications.

In patients with renal impairment, insulin requirements may be diminished due to reduced insulin metabolism. In the elderly, progressive deterioration of renal function may lead to steady decrease in insulin requirements.

In patients with severe hepatic impairment, insulin requirements may be diminished due to reduced capacity for gluconeogenesis and reduced insulin metabolism.

Hypoglycaemia can generally be corrected by immediate carbohydrate intake. So that initial corrective action can be taken immediately, patients must carry a minimum of 20 grams of carbohydrates with them at all times.

- **Intercurrent illness**

Intercurrent illness requires intensified metabolic monitoring. In many cases urine tests for ketones are indicated, and often it is necessary to adjust the insulin dose. The insulin requirement is often increased. In patients with type 1 diabetes, carbohydrate supplies must be maintained even if patients are able to eat only little or no food, or are vomiting etc.; in patients with type 1 diabetes insulin must never be omitted entirely.

- **Pens to be used with Lantus cartridges**

Lantus cartridges should be used with Allstar and should not be used with any other reusable pen as the dosing accuracy has only been established with the listed pens.

### **Driving a Vehicle or Performing other Hazardous Tasks**

The patient's ability to concentrate and react may be impaired as a result of, for example, hypoglycaemia or hyperglycaemia or, for example, as a result of visual impairment. This may constitute a risk in situations where these abilities are of special importance (e.g. driving a car or operating machinery).

Patients should be advised to take precautions to avoid hypoglycaemia whilst driving. This is particularly important in those who have reduced or absent awareness of the warning symptoms of hypoglycaemia or have frequent episodes of hypoglycaemia. The advisability of driving should be considered in these circumstances.

### **Interactions**

A number of substances affect glucose metabolism and may require insulin dose adjustment and particularly close monitoring.

The following are examples of substances that may increase the blood glucose lowering effect and susceptibility to hypoglycaemia:

Oral antidiabetic products, ACE inhibitors, salicylates, disopyramide; fibrates; fluoxetine, MAO inhibitors; pentoxifylline; propoxyphene; sulfonamide antibiotics.

The following are examples of substances that may reduce the blood glucose lowering effect: Corticosteroids; danazol; diazoxide; diuretics; sympathomimetic agents (such as epinephrine, salbutamol, terbutaline); glucagon; isoniazid; phenothiazine derivatives; somatropin; thyroid hormones; estrogens, progestogens (e.g. in oral contraceptives), protease inhibitors and atypical antipsychotic medications (e.g. olanzapine and clozapine).

Beta-blockers, clonidine, lithium salts and alcohol may either potentiate or weaken the blood glucose lowering effect of insulin. Pentamidine may cause hypoglycaemia, which may sometimes be followed by hyperglycaemia.

In addition, under the influence of sympatholytic medicinal products such as beta-blockers, clonidine, guanethidine and reserpine, the signs of adrenergic counter-regulation may be reduced or absent.

### **Pregnancy**

There are no randomized controlled clinical studies of the use of insulin glargine in pregnant women. A large number (more than 1000 retrospective and prospective pregnancy outcomes) of exposed pregnancies from Post Marketing Surveillance indicate no specific adverse effects of insulin glargine on pregnancy or on the health of the foetus and newborn child. Furthermore a meta-analysis of eight observational clinical studies including 331 women using insulin glargine and 371 women using insulin NPH was performed to assess the safety of insulin glargine and insulin NPH in gestational or pregestational diabetes. No significant differences in safety related maternal or neonatal outcomes were seen between insulin glargine and insulin NPH during pregnancy.

Animal studies, with doses up to 6 to 40 times the human doses, do not indicate direct harmful effects on the pregnancy.

**It is essential for patients with pre-existing or gestational diabetes to maintain good metabolic control throughout pregnancy** to prevent adverse outcomes associated with hyperglycemia. Lantus can be used during pregnancy, if clinically needed.

**Insulin requirements may decrease during the first trimester and generally increase during the second and third trimesters. Immediately after delivery, insulin requirements decline rapidly. Careful monitoring of glucose control, is essential in such patients.**

Patients with diabetes must inform their doctor if they are pregnant or are contemplating pregnancy.

### **Lactation**

Lactating women may require adjustments in insulin dose and diet.

### **Adverse Reactions**

*The following CIOMS frequency rating is used, when applicable:*

*Very common  $\geq 10\%$ ; Common  $\geq 1$  and  $<10\%$ ; Uncommon  $\geq 0.1$  and  $<1\%$ ; Rare  $\geq 0.01$  and  $<0.1\%$ ; Very rare  $<0.01\%$ , Unknown (cannot be estimated from available data).*

- **Hypoglycaemia:** Hypoglycaemia, in general the most frequent adverse reaction of insulin therapy, may occur if the insulin dose is too high in relation to the insulin requirement.

As with all insulins, severe hypoglycaemic attacks, especially if recurrent, may lead to neurological damage. Prolonged or severe hypoglycaemic episodes may be life-threatening.

In many patients, the signs and symptoms of neuroglycopenia are preceded by signs of adrenergic counter-regulation. Generally, the greater and more rapid the decline in blood glucose, the more marked is the phenomenon of counter-regulation and its symptoms.

- **Eyes:** A marked change in glycaemic control may cause temporary visual impairment, due to temporary alteration in the turgidity and refractive index of the lens. Long-term improved glycaemic control decreases the risk of progression of diabetic retinopathy. However, as for all insulin regimens, intensification of insulin therapy with abrupt improvement in glycaemic control may be associated with temporary worsening of diabetic retinopathy. In patients with proliferative retinopathy, particularly if not treated with photocoagulation, severe hypoglycaemic episodes may result in transient amaurosis (See Pharmacodynamics).
- **Lipodystrophy:** Lipodystrophy, as with any insulin therapy, may occur at the injection site and delay insulin absorption. In clinical studies, in regimens, which included insulin glargine, lipohypertrophy was observed in 1 to 2 % of patients, whereas lipodystrophy was uncommon. Continuous rotation of the injection site within a given area may help to reduce or prevent these reactions.
- **Injection site and allergic reactions:** In clinical studies, using regimens, which included insulin glargine, injection site reactions were observed in 3 to 4 % of patients. As with any insulin therapy, such reactions include redness, pain, itching, hives, swelling, and inflammation. Most minor reactions to insulins usually resolve in a few days to a few weeks.

Immediate-type allergic reactions are rare. Such reactions to insulin (including insulin glargine) or the excipients may, for example, be associated with generalised skin reactions, angioedema, bronchospasm, and hypotension and shock, and may be life threatening.

- **Other reactions**

Insulin administration may cause insulin antibodies to form. In clinical studies, antibodies that cross-react with human insulin and insulin glargine were observed in both NPH and insulin glargine treatment groups with similar incidences. In rare cases, the presence of such insulin antibodies may necessitate adjustment of the insulin dose in order to correct a tendency to hyperglycaemia or hypoglycaemia.

Insulin may cause, in rare cases, sodium retention and oedema, particularly if previously poor metabolic control is improved by intensified insulin therapy.

Medication errors have been reported in which other insulins, particularly short-acting insulins, have been accidentally administered instead of insulin glargine.

- **Paediatric population**

The safety profile for patients  $\leq 18$  years of age is similar to the safety profile for patients  $> 18$  years. No clinical study safety data are available in patients below 2 years of age.

## Overdose

- **Symptoms**

An excess of insulin, relative to food intake, energy expenditure or both, may lead to severe and sometimes prolonged and life-threatening hypoglycaemia.

- **Management**

Mild episodes of hypoglycaemia can usually be treated with oral carbohydrates. Adjustments in drug dosage, meal patterns, or exercise may be needed.

More severe episodes culminating in coma, seizure, or neurologic impairment may be treated with intramuscular/subcutaneous glucagon or concentrated intravenous glucose.

Sustained carbohydrate intake and observation may be necessary because hypoglycaemia may recur after apparent clinical recovery.

## PHARMACODYNAMICS

### MODE OF ACTION/PHARMACODYNAMIC CHARACTERISTICS

Insulin glargine is a human insulin analogue designed to have a low solubility at neutral pH. At pH 4 (as in the Lantus injection solution), it is completely soluble.

After injection into the subcutaneous tissue, the acidic solution is neutralised leading to formation of micro-precipitates from which small amounts of insulin glargine are continuously released, providing a smooth, peakless, predictable concentration/time profile with a prolonged duration of action.

Insulin glargine is metabolised into 2 active metabolites M1 and M2 (see Pharmacokinetics).

Insulin receptor binding: In vitro studies indicate that the affinity of insulin glargine and its metabolites M1 and M2 for the human insulin receptor is similar to the one of human insulin.

IGF-1 receptor binding: The affinity of insulin glargine for the human IGF-1 receptor is approximately 5 to 8-fold greater than that of human insulin (but approximately 70 to 80-fold lower than the one of IGF-1), whereas M1 and M2 bind the IGF-1 receptor with slightly lower affinity compared to human insulin.

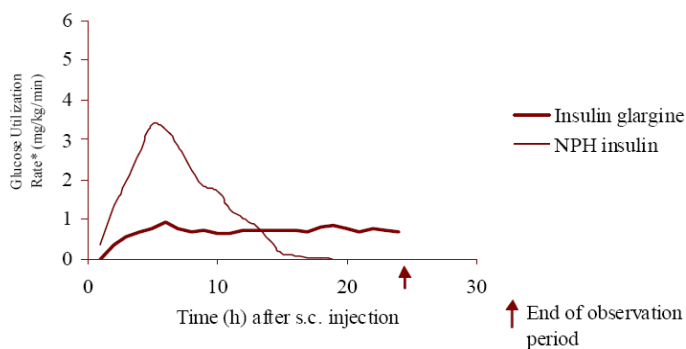
The total therapeutic insulin concentration (insulin glargine and its metabolites) found in type 1 diabetic patients was markedly lower than what would be required for a halfmaximal occupation of the IGF-1 receptor and the subsequent activation of the mitogenic-proliferative pathway initiated by the IGF-1 receptor. Physiological concentrations of endogenous IGF-1 may activate the mitogenic-proliferative pathway; however, the therapeutic concentrations found in insulin therapy, including in Lantus therapy, are considerably lower than the pharmacological concentrations required to activate the IGF-1 pathway.

The primary activity of insulin, including insulin glargine, is regulation of glucose metabolism. Insulin and its analogues lower blood glucose levels by stimulating peripheral glucose uptake, especially by skeletal muscle and fat, and by inhibiting hepatic glucose production. Insulin inhibits lipolysis in the adipocyte, inhibits proteolysis and enhances protein synthesis.

In clinical pharmacology studies, intravenous use of insulin glargine and human insulin have been shown to be equipotent when given at the same doses.

In euglycaemic clamp studies in healthy subjects or in patients with type 1 diabetes, the onset of action of subcutaneous insulin glargine was slower than with human NPH insulin, its effect profile was smooth and peakless, and the duration of its effect was prolonged. The following graph shows results from a study in patients. The median time between injection of the drug and the end of its pharmacological effect was 14.5 hours for NPH insulin while the median time for insulin glargine was 24 hours. The majority of patients on insulin glargine were still showing a response at this point of time, indicating an even longer duration of action.

**Figure 1. Activity Profile in Patients with Type 1 Diabetes**



\*determined as amount of glucose infused to maintain constant plasma glucose levels (hourly mean values)

The longer duration of action of insulin glargine is directly related to its slower rate of absorption and supports once daily administration. The time course of action of insulin and insulin analogues such as insulin glargine may vary considerably in different individuals or within the same individual but is, due to the lack of a peak, less variable with insulin glargine than with NPH insulin.

An euglycaemic clamp study in healthy volunteers showed less intra-individual (day to day) variability in the pharmacodynamic profile for insulin glargine compared to ultralente human insulin.

## CLINICAL EFFICACY/CLINICAL STUDIES

The overall efficacy of once-daily insulin glargine on metabolic control was compared to that of once-daily and twice-daily NPH human insulin in open-label, randomised, active-control, parallel studies of 2327 patients with type 1 diabetes mellitus and 1563 patients with type 2 diabetes mellitus. In general, insulin glargine maintained or improved the level of glycaemic control as measured by glycohemoglobin and fasting glucose. In addition, fewer patients using insulin glargine reported a hypoglycaemic episode compared to patients using NPH human insulin.

**Type 1 Adult Diabetes (see Table 1).** In Phase III studies, patients with type 1 diabetes (n=1119) were randomised to basal-bolus treatment with Lantus once daily or to NPH human insulin once or twice daily and treated for 28 weeks. Regular human insulin was administered before each meal. Lantus was administered at bedtime. NPH human insulin was administered once daily at bedtime or in the morning and at bedtime when used twice daily. Lantus had a larger effect in reducing fasting glucose than NPH human insulin administered twice daily, but was comparable with NPH human insulin twice daily in its effect on glycohemoglobin and incidence of nocturnal and severe hypoglycaemia. Compared to once daily NPH human insulin, Lantus had a similar effect on fasting glucose and glycohemoglobin. However, fewer patients receiving Lantus reported a severe hypoglycaemic episode after initial titration, from study month 2 onward, (0,9% vs. 5,6%,  $p<0,05$ ) and fewer patients reported a nocturnal hypoglycaemic episode (11,0% vs. 21,3%,  $p<0,05$ ). Hypoglycaemia was reported with similar frequency during the first month of the studies after starting treatment with Lantus compared to NPH human insulin.

In another Phase III study, patients with type 1 diabetes (n=619) were treated for 16 weeks with a basal-bolus insulin regimen where insulin lispro was used before each meal. Lantus was administered once daily at bedtime and NPH human insulin was administered once or twice daily. Lantus had a larger effect in reducing fasting glucose than NPH human insulin administered twice daily. Lantus and NPH human insulin had a similar effect on glycohemoglobin, with similar numbers of patients reporting a hypoglycaemic episode.

**Type 2 Diabetes (see Table 1).** In one Phase III study (n=570), Lantus was evaluated for 52 weeks as part of a regimen of combination therapy with insulin and oral antidiabetic agents (a sulfonylurea, metformin, acarbose, or combinations of these drugs). Lantus administered once daily at bedtime was as effective as NPH human insulin administered once daily at bedtime in reducing glycohemoglobin and fasting glucose. However, fewer patients treated with Lantus reported a nocturnal hypoglycaemic episode after initial titration, from study month 2 onward. This benefit of Lantus was most pronounced in the subgroup of patients who had not previously been treated with insulin (Lantus: 9.5%, NPH human insulin: 22.8%;  $p<0,05$ ).

In another Phase III study in patients with type 2 diabetes not using oral antidiabetic agents (n=518), a basal-bolus regimen of Lantus once daily at bedtime or NPH human insulin administered once or twice daily was evaluated for 28 week. Regular human insulin was used before meals as needed. Lantus had similar effectiveness as either once or twice daily NPH human insulin in reducing glycohemoglobin and fasting glucose. However, fewer patients treated with Lantus reported nocturnal hypoglycaemia from study month 2 onward than patients treated with NPH human insulin twice daily (29,8% vs. 37,9%,  $p=0,0582$ ).

**Type 1 Paediatric Diabetes (see Table 2).** In a randomized, controlled clinical study, pediatric patients (age range 6 to 15 years) (study 3003) with type 1 diabetes (n=349) were treated for 28 weeks with a basal-bolus insulin regimen where regular human insulin was used before each meal. Lantus was administered once daily at bedtime and NPH human insulin was administered once or twice daily. Similar effects on glycohemoglobin and the incidence of hypoglycemia were observed in both treatment groups.

### **Type 1 Paediatric diabetes (1 to 6 years)**

A 24-week parallel group study was conducted in 125 children with type 1 diabetes mellitus aged 1 to 6



years (61 children from 2 to 5 in the insulin glargine group and 64 children from 1 to 6 in the NPH insulin group), comparing insulin glargine given once daily in the morning to NPH insulin given once or twice daily as basal insulin. Both groups received bolus insulin before meals.

Comparison of the two treatment regimens in terms of hypoglycemia was the primary objective of the study. The composite primary outcome consisted of : continuous glucose monitoring excursions below 70mg/dL (3.9mM), confirmed by fingerstick blood glucose (FSBG) measurements; other FSBG measurements < 70mg/dL; and episodes of symptomatic hypoglycemia.

Overall, the event rate ratio of this composite outcome for once daily Lantus compared to NPH (given twice daily in most patients) was 1.18 (95% CI: 0.97-1.44), therefore, not meeting the non-inferiority margin of 1.15.

The rate of symptomatic hypoglycemia events is the most commonly used and clinically relevant component of the composite outcome. Rates of symptomatic hypoglycemia events were numerically lower in the insulin glargine group, both overall (25.5 episodes per patient-year, vs 33.0 for NPH) and overnight (2.38 episodes per patient-year, vs 3.65 for NPH).

Glycohaemoglobin and glucose variabilities were comparable in both treatment groups. No new safety signals were observed in this trial.

**Table 1 - Summary of Main Therapeutic Outcome of the Clinical Studies**

**Type 1 adult Diabetes Mellitus**

Diabetes population	Treatment	n <sup>a</sup>	Endstudy mean (mean change from baseline)			% of patients	
			Glycated haemoglobin (%)	Fasting blood glucose (mg/dl) <sup>b</sup>	Nocturnal hypoglycaemia <sup>c</sup>	Severe hypoglycaemia <sup>d</sup>	
Previous use of once-daily basal injection regimen							
with regular human insulin	1x *TM*	222	7,98 (0,01)	152,8 (-16,7)	11,0% <sup>e</sup>	0,9% <sup>e</sup>	
	1x NPH human insulin	218	7,95 (-0,05)	147,6 (-21,8)	21,3%	5,6%	
with insulin lispro	1x *TM*	73	7,11 (-0,25)	144,2 (-26,5)	6,8%	2,7%	
	1x NPH human insulin	69	7,46 (-0,23)	155,9 (-17,1)	9,0%	4,5%	
Previous use of more than once-daily basal injection regimen							
with regular human insulin	1x *TM*	334	7,77 (0,06)	143,1 (23,6) <sup>e</sup>	18,9%	3,4%	
	2x NPH human insulin	345	7,69 (-0,05)	155,9 (-13,0)	21,6%	4,4%	
with insulin lispro	1x *TM*	237	7,66 (-0,03)	144,4 (-30,6) <sup>e</sup>	9,9%	0,9%	
	2x NPH human insulin	240	7,64 (-0,05)	162,9 (-9,9)	10,0%	0,4%	

**a** Number of patients randomised and treated

**b** Fasting blood glucose conversion, mmol/l x 18 = mg/dl

**c** Percent of patients with type 1 diabetes experiencing nocturnal hypoglycaemia; defined as events occurring while asleep between bedtime insulin administration and fasting blood glucose; with a blood glucose < 36 mg/dl (2,0 mmol/l); from month 2 to end of study

**d** Percent of patients with type 1 diabetes experiencing severe hypoglycaemia; defined as events requiring assistance of another person; with a blood glucose < 36 mg/dl (2,0 mmol/l); from month 2 to end of study

**e** Percent of patients with type 2 diabetes experiencing nocturnal hypoglycaemia; defined as events occurring while asleep between bedtime insulin administration and fasting blood glucose; from month 2 to end of study

f Percent of patients with type 2 diabetes experiencing severe hypoglycaemia; defined as events requiring assistance of another person; from month 2 to end of study  
g p<0,05; Lantus compared with NPH human insulin

<b>Type 2 Diabetes Mellitus</b>						
Diabetes population	Treatment	n <sup>a</sup>	Endstudy mean (mean change from baseline)		% of patients	
			Glycated haemoglobin (%)	Fasting blood glucose (mg/dl) <sup>b</sup>	Nocturnal hypoglycaemia <sup>e</sup>	Severe hypoglycaemia <sup>f</sup>
Insulin in combination with oral antidiabetic agents						
No previous insulin use	1x *TM*	222	8,34 (-0.65)	126,5 (-59,4)	9,5% <sup>g</sup>	1,8%
	1x NPH human insulin	204	8.24 (-0.63)	129,4 (-56,0)	22,8%	0,5%
Previous insulin use	1x *TM*	67	9,05 (0.31)	128,0 (-19,6)	19,4%	0,0%
	1x NPH human insulin	77	9,10 (0.42)	129,4 (-20,0)	23,7%	2,6%
Insulin without oral antidiabetic agents						
Previous use of once-daily basal insulin	1x *TM*	52	8,07 (-0,34)	153,0 (-15,1)	13,7%	0,0%
	1x NPH human insulin	48	7,92 (-0,45)	142,9 (-22,3)	25,0%	0,0%
Previous use of more than once-daily basal insulin	1x *TM*	207	8,15 (-0,44)	138,8 (-25,4)	29,8%	0,5%
	2x NPH human insulin	211	7,96 (-0,61)	144,9 (-20,3)	37,9%	2,4%

**Table 2 - Type 1 Paediatric Diabetes Mellitus**

Diabetes population	Treatment	n <sup>a</sup>	Endstudy mean (mean change from baseline)		% of patients	
			Glycated haemoglobin (%)	Fasting blood glucose (mg/dl) <sup>b</sup>	Nocturnal hypoglycaemia <sup>e</sup>	Severe hypoglycaemia <sup>f</sup>
Previous use of once-daily basal injection regimen						
with regular human insulin	1x *TM*	106	9,15 (0,52)	179,8 (-23,2)	3,8% <sup>g</sup>	8,6%
	1x NPH human insulin	98	9,26 (0,41)	189,2 (-14,0)	6,5%	4,3%
Previous use of more than once-daily basal injection regimen						
with regular human insulin	1x *TM*	68	8,55 (0,05)	159,7 (-22,1)	5,9% <sup>g</sup>	10,3% <sup>g</sup>
	1x NPH human insulin	77	8,86 (0,21)	171,0 (-6,3)	1,8%	7,0%

**• Flexible daily dosing:**

The safety and efficacy of Lantus administered pre-breakfast, pre-dinner or at bedtime were evaluated in a large, randomized, controlled clinical study. In this study in patients with type 1 diabetes (Study G) (n=378), who were also treated with insulin lispro at meals, Lantus administered at different times of the day resulted in equivalent glycemic control to that at bedtime. (See Table 3.)

The safety and efficacy of Lantus administered pre-breakfast or at bedtime were also evaluated in a large, randomized, active-controlled clinical study (study H)(n=697) in type 2 diabetic patients no longer adequately controlled on oral agent therapy. All patients in this study also received glimepiride 3 mg daily.

Lantus given before breakfast was at least as effective in lowering glycated hemoglobin A1c (HbA1c) as Lantus given at bedtime or NPH human insulin given at bedtime. (See Table 3.)

**Table 3 - Flexible \*TM\* Daily Dosing in Type 1 (Study G) and Type 2 (Study H) Diabetes Mellitus**

Treatment duration	Study G			Study H		
	24 weeks			24 weeks		
	Lispro insulin			glimeperide		
Treatment in combination with:	*TM*	*TM*	*TM*	*TM*	*TM*	NPH
	Breakfast	Dinner	Bedtime	Breakfast	Bedtime	Bedtime
Number of subjects treated (ITT*)	112	124	128	234	226	227
<b>HbA1c</b>						
Baseline mean	7.56	7.53	7.61	9.13	9.07	9.09
Endstudy mean	7.39	7.42	7.57	7.87	8.12	8.27
Mean Change from baseline	-0.17	-0.11	-0.04	-1.26	-.095	-0.82
<b>Basal insulin dose (IU)</b>						
Endstudy mean	27.3	24.6	22.8	40.4	38.5	36.8
Mean change from baseline	5.0	1.8	1.5			
<b>Total insulin dose (IU)</b>						
Endstudy mean	53.3	54.7	51.5	NA**	NA	NA
Mean change from baseline	1.6	3.0	2.3			

\*Intention to treat \*\*Not applicable

\*TM\* - Lantus

**Type 2 Diabetes—Adult (Glycaemic control).**

In a randomized, open-label, parallel, 24-week clinical study (study J) in patients with type 2 diabetes (n=756) with an HbA1c > 7.5% (mean 8.6%) on one or two oral antidiabetes agents, Lantus or NPH insulin, once daily at bedtime, was added to their prior regimen. In order to reach the target fasting plasma glucose ≤ 100 mg/dL (5.5 mmol/L), the dose of Lantus and NPH was adjusted according to the structured dose-titration regimen as described in table 4.

**Table 4 - Dose titration in study J:**

Period	Dose or dose adjustment
Start of treatment	10 IU/day
Then adjustment every 7 days based on FPG (Fasting Plasma Glucose) as follows:	
Mean FPG $\geq$ 180 mg/dL (10 mmol/L) for the last 2 consecutive days and no episodes of severe hypoglycemia or no PG <72 mg/dL (4.0 mmol/L)	Increase daily dose by 8 IU
Mean FPG $\geq$ 140 mg/dL (7.8 mmol/L) and <180 mg/dL (10 mmol/L) for the last 2 consecutive days and no episodes of severe hypoglycemia or no PG <72 mg/dL (4.0 mmol/L)	Increase daily dose by 6 IU
Mean FPG $\geq$ 120 mg/dL (6.7 mmol/L) and <140 mg/dL (7.8 mmol/L) for the last 2 consecutive days and no episodes of severe hypoglycemia or no PG <72 mg/dL (4.0 mmol/L)	Increase daily dose by 4 IU
mean FPG >100 mg/dL (5.5 mmol/L) and <120 mg/dL (6.7 mmol/L) for the last 2 consecutive days and no episodes of severe hypoglycemia or no PG <72 mg/dL (4.0 mmol/L)	Increase daily dose by 2 IU
Then maintain target FPG $\square$ 100 mg/dL (5.5 mmol/L)	

Using this dose-titration schedule, HbA1c was reduced to a mean of 6.96% for Lantus and 6.97% for NPH insulin. More than half of the subjects in each group achieved a HbA1c value of  $\leq$ 7.0% (Lantus, 58.0%; NPH insulin, 57.3%; mean dose at study endpoint was 47.2 IU for Lantus and 41.8 IU for NPH). In the Lantus-treated group, 33.2% of the patients reached the primary efficacy endpoint (A1C value of  $\leq$ 7.0% in the absence of plasma glucose-confirmed nocturnal hypoglycemia  $\leq$  72 mg/dL [4 mmol/L]), compared to 26.7% in the NPH-treated group (p= 0.0486).

Fewer patients treated with Lantus experienced nocturnal hypoglycemia compared with patients treated with NPH insulin<sup>21</sup>. Other clinical trials in type 2 diabetes (study E, F and G) showed similar results (see also table 1) with less nocturnal hypoglycemia with patients treated Lantus compared to treated with NPH.

• Diabetic Retinopathy:

Effects of Lantus on diabetic retinopathy were evaluated in a large 5-year NPH-controlled study in which progression of retinopathy was investigated by fundus photography using a grading protocol derived from the Early Treatment Diabetic Retinopathy Study (ETDRS). The primary outcome in this study was progression by 3 or more steps on the ETDRS scale at study endpoint. The results of this analysis are shown in the table below for both the per-protocol (primary) and Intent-to-Treat (ITT) populations, and indicate non inferiority of Lantus to NPH in the progression of diabetic retinopathy as assessed by this outcome.

Number (%) of patients with 3 or more step progression on ETDRS scale at endpoint

	*TM* (%)	NPH (%)	Difference <sup>a,b</sup> (SE)	95% CI for difference
Per-protocol	53/374 (14.2%)	57/363 (15.7%)	-1.98% (2.57%)	-7.02% to 3.06%
Intent-to-Treat	63/502 (12.5%)	71/487 (14.6%)	- 2.10% (2.14%)	-6.29% to 2.09%

a: Difference = \*TM\*(Lantus)- NPH

b: using a generalized linear model (SAS GENMOD) with treatment and baseline HbA1c strata as the classified independent variables, and with binomial distribution and identity link function

• **Psychological outcomes:**

Patients with type 1 diabetes mellitus treated with regimens which included insulin glargine demonstrated significantly improved satisfaction with treatment when compared to patients on regimens with NPH insulin. (Diabetes Treatment Satisfaction Questionnaire).

• **ORIGIN Trial (Study 4032)**

The ORIGIN (Outcome Reduction with Initial Glargine INtervention) trial was a, international, multicenter, randomized, 2x2 factorial design study conducted in 12,537 participants with impaired fasting glucose (IFG), impaired glucose tolerance (IGT) or early type 2 diabetes mellitus and evidence of CV disease. Participants were randomized to receive Lantus (n=6264), titrated to a FPG of 95 mg/dL (5.3mM) or less, or Standard Care (n=6273). At baseline participants had a mean age of 63.5 years, mean duration of diabetes of 5.8 years in those with pre-existing diabetes, and median HbA1c of 6.4%. Median duration of follow-up was approximately 6.2 years.

At the end of the trial 81% of participants randomized to take Lantus were still on treatment. Median on-treatment HbA1c values ranged from 5.9 to 6.4 % in the Lantus group, and 6.2% to 6.6% in the Standard Care group throughout the duration of follow-up. Median FPG in the Lantus group was at target ( $\leq 95$ mg/dL) following dose titration for the duration of the study.

The rates of severe hypoglycemia (affected participants per 100 participant years of exposure) were 1.05 for insulin glargine and 0.30 for Standard Care group. Overall, severe hypoglycemia was reported for 3.7% of these participants over the course of this 6 year study (approximately 0.6% per participant-year). The median of the change in body weight from baseline to the last on-treatment visit was 2.2 kg greater in the Lantus group than in the Standard Care group.

The primary objective of this trial was to examine the effect of Lantus on two co-primary composite efficacy outcomes. The first one was the time to the first occurrence of CV death, nonfatal myocardial infarction (MI), or nonfatal stroke, and the second one was the time to the first occurrence of any of the first co-primary events, or revascularization procedure (cardiac, carotid, or peripheral), or hospitalization for heart failure.

Secondary endpoints were:

- all-cause mortality
- a composite microvascular outcome
- development of type 2 diabetes, in participants with IGT and/or IFG at baseline

The primary and secondary outcome results, as well as the results for each component of the coprimary outcomes, are displayed in the two tables (table 12 for the time-to-event analyses, and, for the non-time-to-event analysis of development of diabetes, table 13) below.

**Table 5: ORIGIN: Time to Onset of each Primary and Secondary Endpoint**

	<b>*TM*</b> <b>N=6264</b>	<b>Standard</b> <b>care N=6273</b>	<b>*TM* vs</b> <b>Standard care</b>
	Participants with Events N (%)	Participants with Events N (%)	Hazard Ratio (95% CI)
<b>Primary endpoints</b>			
CV death, nonfatal myocardial infarction (MI), or nonfatal stroke	1041 (16.6)	1013 (16.1)	1.02 (0.94, 1.11)
CV death, nonfatal myocardial infarction (MI), or nonfatal stroke, or hospitalization for heart failure or revascularization procedure	1792 (28.6)	1727 (27.5)	1.04 (0.97, 1.11)
<b>Secondary endpoints</b>			
All-cause mortality	951 (15.2)	965 (15.4)	0.98 (0.90, 1.08)
Composite microvascular outcome*	1323 (21.1)	1363 (21.7)	0.97 (0.90, 1.05)
<i>Components of coprimary endpoint</i>			
CV death	580 (9.3)	576 (9.2)	1.00 (0.89, 1.13)
MI (fatal or non-fatal)	336 (5.4)	326 (5.2)	1.03 (0.88, 1.19)
stroke(fatal or non-fatal)	331 (5.3)	319 (5.1)	1.03 (0.89, 1.21)
Revascularizations	908 (14.5)	860 (13.7)	1.06 (0.96, 1.16)
Hospitalization for heart failure	310 (4.9)	343 (5.5)	0.90 (0.77, 1.05)

\*with components of: laser photocoagulation or vitrectomy or blindness for diabetic retinopathy; progression in albuminuria; or doubling of serum creatinine or development of the need for renal replacement therapy

**Table 6: Incidence Rate of Diabetes by end of study OGTT\***

Treatment (N)	<b>*TM*</b> <b>(6264)</b>	<b>Standard Care</b> <b>(6273)</b>
Number of Participants**	737	719
# participants who developed diabetes (%)	182 (24.7)	224 (31.2)
Odds Ratio (95% CI)	0.72 (0.58 to 0.91)	

\* End of study OGTT was performed 3-4 weeks after discontinuing LANTUS

\*\*Participants with prediabetes (IFG or IGT) at baseline, based on an OGTT performed then;

There were no statistical significant differences between treatment groups in the overall incidence of cancer (all types combined) or death from cancer. The time to first event of any cancer or new cancer during the study was similar between the two treatment groups with respective hazard ratios of 0.99 (0.88,1.11) and 0.96 (0.85, 1.09).

Participation in ORIGIN for a median of approximately 6.2 years showed that treatment with Lantus did not alter the risk for cardiovascular outcomes, all-cause mortality or cancer, when compared to standard glucose lowering therapy. In addition, metabolic control was maintained at a lower level of glycemia, with a decrease in the percentage of participants developing diabetes, at a cost of a modest increase in hypoglycemia and weight gain.

## **PHARMACOKINETICS**

### **ABSORPTION**

None

### **DISTRIBUTION**

After subcutaneous injection of insulin glargine in healthy subjects and diabetic patients, the insulin serum concentrations indicated a slower and much more prolonged absorption and a lack of a peak in comparison to human NPH insulin. Concentrations were, thus, consistent with the time profile of the pharmacodynamic activity of insulin glargine.

After subcutaneous injection of 0.3 IU/kg insulin glargine in diabetic patients, a flat concentration-time profile has been demonstrated; this is also reflected in the wide range of t<sub>max</sub> values (between 1.5 and 22.5 hours) compared to NPH (2.5 to 10.0 hours).

When given intravenously, the concentration profiles and the apparent elimination half-life of insulin glargine and human insulin were comparable. There were no relevant differences in serum insulin levels after abdominal, deltoid or thigh administration of insulin glargine.

Insulin glargine has less intra- and inter-individual variability in pharmacokinetic profile compared to human ultralente insulin.

### **METABOLISM**

After subcutaneous injection of Lantus in healthy subjects and diabetic patients, insulin glargine is rapidly metabolized at the carboxyl terminus of the Beta chain with formation of two active metabolites M1 (21AGly-insulin) and M2 (21A-Gly-des-30B-Thr-insulin). In plasma, the principal circulating compound is the metabolite M1. The exposure to M1 increases with the administered dose of Lantus. The pharmacokinetic and pharmacodynamic findings indicate that the effect of the subcutaneous injection with Lantus is principally based on exposure to M1. Insulin glargine and the metabolite M2 were not detectable in the vast majority of subjects and, when they were detectable their concentration was independent of the administered dose of Lantus.

### **ELIMINATION**

None

### **SPECIAL POPULATIONS**

**Age and Gender:** Information on the effect of age and gender on the pharmacokinetics of insulin glargine is unavailable. However, in large clinical trials, subgroup analysis based on age and gender did not indicate any difference in safety and efficacy in insulin glargine treated patients over the entire study population. The same holds true for NPH treated patients.

**Smoking:** In clinical trials a subgroup analysis showed no differences in safety and efficacy of insulin glargine between the group of smokers and the total study population. The same is true for NPH insulin.

**Obesity:** In clinical trials subgroup analysis based on BMI showed no differences in safety and efficacy of insulin glargine in this group of patients compared to the total study population. The same is true for NPH insulin.

**Children :** Pharmacokinetics in children aged 2 to less than 6 years of age with type 1 diabetes mellitus was assessed in one clinical study (see Pharmacodynamics). Plasma “trough” levels of insulin glargine and its main metabolites M1 and M2 were measured in children treated with insulin glargine, revealing plasma concentration patterns similar to adults, and providing no evidence for accumulation of insulin glargine or its metabolites with chronic dosing.

## Storage Conditions

### Unopened/not in use vials, cartridge and cartridge system:

Lantus® must be stored between +2°C (36°F) and +8 °C (46°F) (e.g. in a refrigerator) and protected from light. Do not allow the insulin to freeze, discard if frozen.

Do not put Lantus® next to the freezer compartment or a freezer pack.

### Opened/in use:

Do not allow the insulin to freeze, discard if frozen.

Opened 10 ml vials, cartridges or 3mL cartridge systems, whether or not refrigerated, must be discarded after 28 days (4 weeks) from the first use. If refrigeration is not possible, the open 10 ml vial, cartridge or cartridge system of Lantus® can be kept unrefrigerated for up to 28 days (4 weeks) away from direct heat and light, as long as the temperature is not greater than 30°C (86°F).

Unrefrigerated 10 ml vials, 3 ml cartridges or cartridge systems, whether in use or not, must be discarded after the 28-day (4 week) period.

If a cartridge or cartridge system is placed in a pen, it must not be put in the refrigerator.

These storage conditions are summarized in the following table :

	Not in use (unopened) Refrigerated	Not in use (unopened) Room Temperature	In use (opened) See Temperature below
10ml vial	Until expiration date	28 days	28 days. Refrigerated or room temperature
3ml cartridge system	Until expiration date	28 days	28 days. Refrigerated or room temperature
3ml cartridge system inserted into pen (Solostar®)	Until expiration date		28 days. Room temperature only (Do not refrigerate)

## Preparation and Handling

Inspect Lantus® before use. Lantus® must only be used if the solution is clear, colourless, with no solid particles visible, and if it is of water-like consistency.

### Manufactured by :

Sanofi-Aventis Deutschland GmbH,  
65926, Frankfurt am Main, Germany.

### Importer :

Sanofi India Ltd.  
City Link Warehousing Complex, Vadpe, Bhiwandi, Thane.

**Date: Feb 2016**

**Source :**

**CCDS version 17 dated May 2014**



# LANTUS® SOLOSTAR®

## Instruction Leaflet

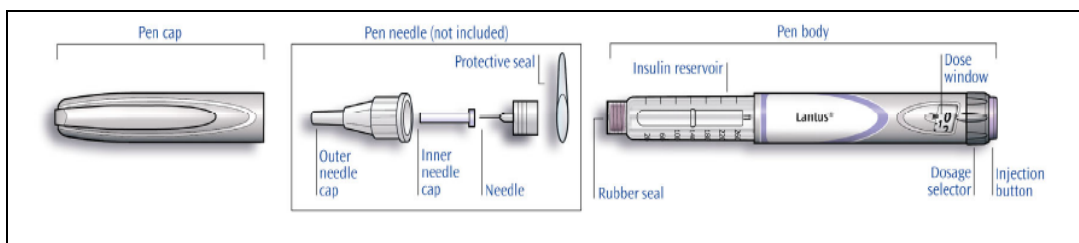
Solostar® is a prefilled pen for the injection of insulin. Your healthcare provider has decided that Solostar® is appropriate for you, based on your ability to handle SoloStar®. Talk with your healthcare provider about proper injection technique before using Solostar®.

Read these instructions carefully before using your Solostar®. If you are not able to use SoloStar® or to follow all the instructions completely on your own, you must use SoloStar® only if you have help from a person who is able to follow the instructions completely. Hold the pen as shown in this leaflet. To ensure that you read the dose correctly, hold the pen horizontally, with the needle on the left and the dosage selector to the right as shown in the illustrations below.

You can set doses from 1 to 80 units in steps of 1 unit. Each pen contains multiple doses.

Keep this leaflet for future reference.

If you have any questions about Solostar® or about diabetes, ask your healthcare provider.



### Important information for use of Solostar®:

- Always attach a new needle before each use. Only use needles that have been approved for use with Solostar®
- Do not select a dose and/or press the injection button without a needle attached
- Always perform the safety test before each injection (see Step 3).
- This pen is only for your use. Do not share it with anyone else.
- If your injection is given by another person, special caution must be taken by this person to avoid accidental needle injury and transmission of infection.
- Never use Solostar® if it is damaged or if you are not sure that it is working properly.
- Always have a spare Solostar® in case your Solostar® is lost or damaged.

### Step 1. Check the insulin

**A.** Check the label on your Solostar® to make sure you have the correct insulin. The Lantus® Solostar® is grey with a purple injection button.

**B.** Take off the pen cap.

**C.** Check the appearance of your insulin. Lantus® is a clear insulin. Do not use this Solostar® if the insulin is cloudy, colored or has particles.

### Step 2. Attach the needle

Always use a new sterile needle for each injection. This helps prevent contamination, and potential needle blocks.

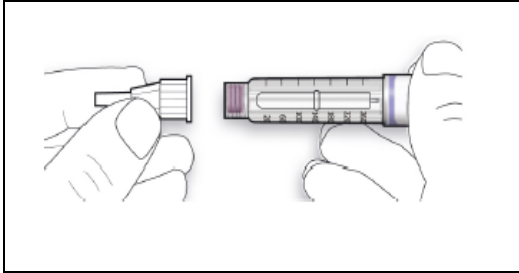
Before use of needle, carefully read the “Instructions for Use” accompanying the needles.

Please note: The needles shown are for illustrative purposes only.

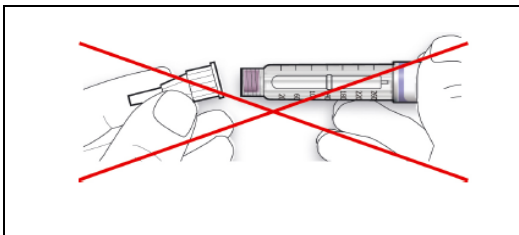
Wipe the Rubber Seal with alcohol.

A. Remove the protective seal from a new needle.

B. Line up the needle with the pen, and keep it straight as you attach it (screw or push on, depending on the needle type).



- ◆ If the needle is not kept straight while you attach it, it can damage the rubber seal and cause leakage, or break the needle.

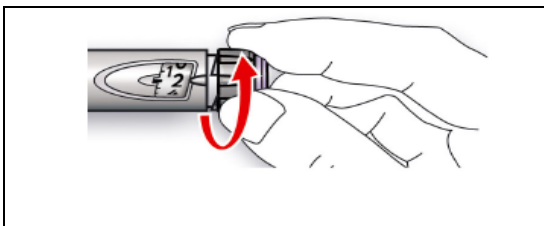


### Step 3. Perform a safety test

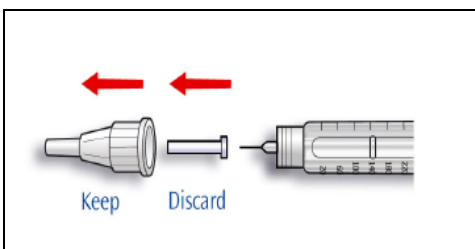
Always perform the safety test before each injection. This ensures that you get an accurate dose by:

- ◆ ensuring that pen and needle work properly
- ◆ removing air bubbles

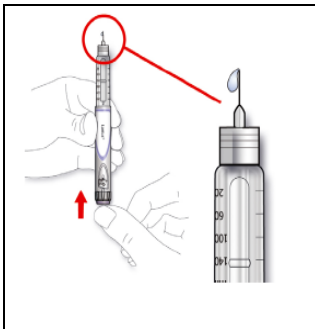
A. Select a dose of 2 units by turning the dosage selector.



B. Take off the outer needle cap and keep it to remove the used needle after injection. Take off the inner needle cap and discard it.



- C. Hold the pen with the needle pointing upwards.
- D. Tap the insulin reservoir so that any air bubbles rise up towards the needle.
- E. Press the injection button all the way in. Check if insulin comes out of the needle tip.



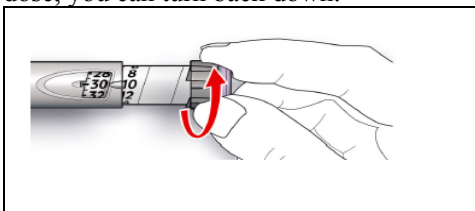
You may have to perform the safety test several times before insulin is seen.

- ◆ If no insulin comes out, check for air bubbles and repeat the safety test two more times to remove them.
- ◆ If still no insulin comes out, the needle may be blocked. Change the needle and try again.
- ◆ If no insulin comes out after changing the needle, your Solostar<sup>®</sup> may be damaged. Do not use this Solostar<sup>®</sup>.

#### Step 4. Select the dose

You can set the dose in steps of 1 unit, from a minimum of 1 unit to a maximum of 80 units. If you need a dose greater than 80 units, you should give it as two or more injections.

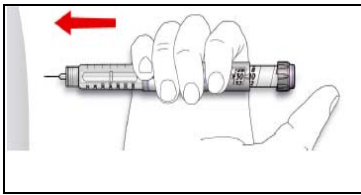
- A. Check that the dose window shows “0” following the safety test.
- B. Select your required dose (in the example below, the selected dose is 30 units). If you turn past your dose, you can turn back down.



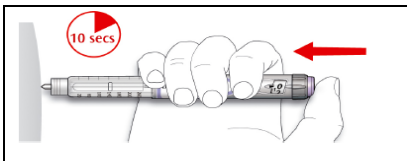
- ◆ Do not push the injection button while turning, as insulin will come out.
- ◆ You cannot turn the dosage selector past the number of units left in the pen. Do not force the dosage selector to turn. In this case, either you can inject what is remaining in the pen and complete your dose with a new Solostar<sup>®</sup> or use a new Solostar<sup>®</sup> for your full dose.

#### Step 5. Inject the dose

- A. Use the injection method as instructed by your healthcare professional.
- B. Insert the needle into the skin.



C. Deliver the dose by pressing the injection button in all the way. The number in the dose window will return to “0” as you inject.



D. Keep the injection button pressed all the way in. Slowly count to 10 before you withdraw the needle from the skin. This ensures that the full dose will be delivered.

The pen plunger moves with each dose. The plunger will reach the end of the cartridge when the total of 300 units of insulin have been used.

#### Step 6. Remove and discard the needle

Always remove the needle after each injection and store Solostar<sup>®</sup> without a needle attached.

This helps prevent:

- ◆ Contamination and/or infection
- ◆ Entry of air into the insulin reservoir and leakage of insulin, which can cause inaccurate dosing.

A. Put the outer needle cap back on the needle, and use it to unscrew the needle from the pen. To reduce the risk of accidental needle injury, never replace the inner needle cap.

- ◆ If your injection is given by another person, or if you are giving an injection to another person, special caution must be taken by this person when removing and disposing of the needle. Follow recommended safety measures for removal and disposal of needles (e.g. contact your healthcare provider) in order to reduce the risk of accidental needle injury and transmission of infectious diseases.

B. Dispose of the needle safely

C. Always put the pen cap back on the pen, then store the pen until your next injection.

#### Storage Instructions

Please check the leaflet of insulin for instructions on how to store Solostar<sup>®</sup>.

If your Solostar<sup>®</sup> is in cool storage, take it out 1 to 2 hours before you inject to allow it to warm up. Cold insulin is more painful to inject.

Keep Solostar out of the reach and sight of children.

Keep your Solostar<sup>®</sup> in cool storage (between +2°C and +8°C) until first use (e.g., in a refrigerator). Do not allow it to freeze. Do not put it next to the freezer compartment of your refrigerator or next to the freezer pack.

Once you take your Solostar<sup>®</sup> out of cool storage, for use or as a spare, you can use it for up to 28 days. During this time it can be safely kept at room temperature up to 30°C and must not be stored in the refrigerator. Do not use it after this time.

Do not use Solostar<sup>®</sup> after the expiration date printed on the label of the pen or on the carton.

Protect Solostar<sup>®</sup> from light.

Discard your used Solostar<sup>®</sup> as required by regulations.

**Maintenance**

Protect your Solostar<sup>®</sup> from dust and dirt.

You can clean the outside of your Solostar<sup>®</sup> by wiping it with a damp cloth.

Do not soak, wash or lubricate the pen as this may damage it.

Your Solostar<sup>®</sup> is designed to work accurately and safely. It should be handled with care.

Avoid situations where Solostar<sup>®</sup> might be damaged. If you are concerned that your Solostar<sup>®</sup> may be damaged, use a new one.

**Manufactured by :** Sanofi-Aventis Deutschland GmbH , 65926, Frankfurt am main, Germany.

**Importer :** Sanofi India Ltd., City Link Warehousing Complex, Vadpe, Bhiwandi, Thane.

***Date : June 2016***

***Source : CCDM version 3 dated Sep 2010***